



January 2019



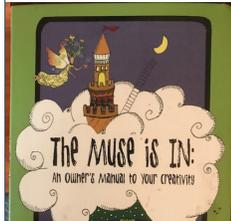
Monthly Meeting, Tuesday January 15

January is always a good time to reflect on our creative practice and how to jumpstart it or how to continue to feed it. Our program will be presented by Kelly Penrod, an artist who re-purposes anything recyclable into



amazing creations. One of her favorite themes is birds - her works with birds are all over her home! She is also a Licensed Chemical Dependency Counselor. "LCDC?" you ask. Her field of expertise fits beautifully with creativity. Kelly says that creativity is about exploration, about trying something to see if it works. It is a major problem-solving skill. Sometimes her clients lack the ability to think creatively toward solutions to problems. They get stuck and turn to chemical relief. She encourages them to play and be curious, to see that there are a multitude of solutions out there. And the more we use creativity to problem-solve, the more we encourage play, the more prepared we will be for challenging situations. She loves to focus on play, and she has various workshops (playshops?) available for those who wish to join her for several hours of joyful fun.

This is a fabulous way to begin a New Year's resolution: "I resolve to play more often." So join us Tuesday, January 15 for a fun and inspiring program with Kelly Penrod. By the way, Kelly recommends a book about creativity: *The Muse is In: An Owner's Manual to Your Creativity* by Jill Badonsky.



ARCHWAY GALLERY
2305 Dunlavy
Houston TX 77006
5:45 - 6:15: Mix and Mingle
6:15 - 6:30: Short business

Upcoming Events

WiVLA Monthly Meeting Kelly Penrod: Jumpstart Your Creativity New Year/New Creativity

Tuesday, January 15, 2019

Gather: 5:45 pm

Archway Gallery

2305 Dunlavy

Houston TX 77006

Artists: Please pick up

art at the downtown library

Friday, January 4, 2019

Noon to 3:00 pm

FreshArts Artist INC deadline

January 11, 2019

See related article in newsletter.

Look! This is the

WiVLA Twitter handle:

@wivlahouston

<https://twitter.com/wivlahouston>

Look! This is the

WiVLA Instagram handle:

@wivlahouston

<https://www.instagram.com/wivlahouston/hl=en>

About Women in the Visual and Literary Arts

The mission of WiVLA is to provide an inspiring forum for women to explore and advance their creative development, to promote their work in the marketplace, and to infuse the community with their spirit of

meeting

6:30 - 7:30: Program with Q & A

7:30 - Restore Archway Gallery's chairs and food bar to their rightful order and then, optionally, go for dinner at Paulie's (dutch treat, 1834 Westheimer).

President's Message: *Holiday Joy and a New Year*

I'm in Minneapolis for the holidays, visiting family and old friends. That in itself is joy enough, but last evening snow fell for several hours. At first big fluffy flakes drifted slowly from above,



then the snow came faster and more intense, and several hours later when I came out of my sister's home, I was struck by the pristine perfection of this newly whited world, covered with winter's blanket.

The city lay quiet, most people staying home and off the roads, the snow muffling the few distant street sounds. Flakes pinged my face as I brushed the car clean. Against the streetlights, I could see golden haloed flakes, small snowstorms below each lamp. Oh, how I wanted to save and savor this time, this perfect white world of peace and stillness.

This awareness is a creative's opportunity to share the passion, to translate this palpable emotion into a form that she is able to save and share. We make meaning and uncover clarity through our creativity. There is magic in seeing something emerge from our experience, a tangible piece of art or writing or music, which in turn can excite and open another's heart to this moment, without even being there.*

So, here I reach out to you, words in hand, gifting you with that white night's wonder and beauty. Let us be *that* for each other this coming year -- exciting and entrancing one another with art's magic, sharing moments of beauty so that we can all experience them.

It is with poignant appreciation that I write my last President's Message for WiVLA. These last two years have been an amazing opportunity to facilitate growth, community, and creativity in WiVLA's members. I thank all of you for what you give to each other and what you do for this organization. Welcome, Lee Steiner, to the President's page!

(*Assistance from *Making Art A Practice* by Cat Bennett.)

**Cori Austin
President**

S P A C E COLLABORATION Artists:

Please pick up art on Friday, January 4 from noon to

cooperation and invention.

[Forward to a Friend](#)

[Check out our website](#)

[Friend on Facebook](#)

[Unsubscribe](#)
[Update Subscription Preferences](#)
[View Email In Browser](#)

WiVLA 2018 Board of Directors

New Board to be listed in February 2019.

President - Cori Austin
info@wivla.org
artjournal50@gmail.com

Vice President - Lee Steiner
leesteinertw@yahoo.com

Secretary - Ann Boutte
AnnRBoutte@gmail.com

Treasurer - Melody Locke
treasurer@wivla.org

Membership - Susan Salter
membership@wivla.org

Communications - Lilibeth Andre
info@lilibethandre.com

Social Media - Regina Vitolo Mader
clockbirdstar@gmail.com

Programs -

Newsletter - Kay McStay
newsletter@wivla.org

Visual Arts - June Russell
visual@wivla.org

Literary Arts - Karleen Koen and Debbie Blumberg
literary@wivla.org

At-Large - Sally Worthington
worthington75@gmail.com

Historian - Judy Shamp
idoso@swbell.net

*Our mailing address is:
Women in the Visual and Literary*

3:00 pm at the downtown library. You can park for free for 20 minutes. The parking entrance is on Lamar Street. Thank you for your cooperation!

RENEW YOUR WiVLA MEMBERSHIP

It's time to renew our WiVLA Memberships for 2019. (If you are a new member who joined in Oct/Nov/or Dec of 2018, you are automatically enrolled for the 2019 year.)

To whet our creativity appetites, here is a partial list of upcoming events that 2019 will bring to WiVLA members:

*January meeting: *New Year: New Creativity* by Kelly Penrod

*February meeting: SoulCollage and Art Therapy by Deborah Lindeen

*March 23: SoulCollage Workshop by Deborah Lindeen

* March 30: Edible Books Festival

* April meeting: ECO Fund 2018 presentations and announcement of 2019 ECO Fund winners

* June: WiVLA Art Exhibition, The Cloisters, details TBA.

* WiVLA's 25th Anniversary details TBA. There is a lot more in the works for our exciting and happy 25th anniversary year.

* Informative and inspiring meetings every month at the beautiful Archway Gallery.

Please don't let your membership lapse. Stay with us! Keep current, keep creating. We're here for you! The easiest way to renew or join is online: https://www.wivla.org/join_form.htm Thank you!

WiVLA Announces a SoulCollage® Workshop March 23

Our February program at the monthly meeting on February 19th will be about **SoulCollage®** and art therapy, presented by Deborah Lindeen, MA, LPC.

Additionally, on March 23, we are happy to announce that Deborah will facilitate a **SoulCollage®** workshop.

The online registration is open - click on the link below. Be sure to register early to hold your spot in the workshop which is available to 25 participants only.

Date: Saturday, March 23, 2019

Time: 9:45 am – 1:00 pm (arrive early so you are ready by 10:00)

Fee: \$35 for WiVLA members, \$45 for non-members.

Fee includes 5 x 8 cards and cello protectors.

Here is a link to the registration form on

Formsite. <https://fs8.formsite.com/wivla/form3/index.html>

WHY Do SoulCollage®? That's a good question!

Originated by Seena Frost, SoulCollage® is a process

Arts (WiVLA)
P. O. Box 130406
Houston, TX 77219-0406

Quick Links...

WiVLA

WiVLA Facebook Member Group

(WiVLA members only)

<https://www.facebook.com/groups/1900914163509716/>

If you are not yet a member, ask to join.

WiVLA Twitter handle:

@wivlahouston

<https://twitter.com/wivlahouston>

WiVLA Instagram:

@wivlahouston

<https://www.instagram.com/wivlahouston/?hl=en>

The Printing Museum

Public Poetry

Glasstire Texas: Visual Art News and Reviews

Fresh Arts Coalition Houston

Visual Arts Alliance

Houston Writers Guild

Lawndale Art Center

DiverseWorks

Gulf Coast Poets

Inprint Houston

Texas Accountants and Lawyers for the Arts

Houston Press

for accessing your intuition and creating an incredible deck of cards with deep personal meaning that will help you with life's questions and transitions.

Here are introductory videos to view.

https://www.youtube.com/watch?v=rtDBTTneHfY&feature=player_embedded

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Should you want to order Seena Frost's book,

SoulCollage, here is an Amazon link:

[https://www.amazon.com/Soulcollage-Intuitive-](https://www.amazon.com/Soulcollage-Intuitive-Collage-Process-Individuals/dp/096431584X)

[Collage-Process-Individuals/dp/096431584X](https://www.amazon.com/Soulcollage-Intuitive-Collage-Process-Individuals/dp/096431584X)



NEWS

- **Artist INC Opportunity from Fresh Arts Houston**

Artist INC is an opportunity for all creatives to develop their work with an eye toward goal-setting, following through, the business of art, legal and tax information, mentoring, and so much more. Only 25 people are chosen for this 8 week course (3 hours a week, plus work at home). Luisa Duarte spoke to us about it in the fall, and raved about her experience with the program. There is a very informative meeting on January 8 so you can find out more and what to expect. This meeting is free but you must register! Don't miss this opportunity!

Register for What Works Workshop (info about Artist Inc application):

<https://www.fresharts.org/fresharts-calendar>

Apply for Artist INC:

<https://www.fresharts.org/content/artist-inc-houston>

Deadline for applications: January 11.

- Is anyone interested in a WiVLA Literary Fiction and Non-fiction Book Club? Please indicate your interest:

https://docs.google.com/document/d/1FCUishsu31rZ3hJfZXde5W_V9m

[-IzBNXed10lsNxFU/edit](https://docs.google.com/document/d/1FCUishsu31rZ3hJfZXde5W_V9m/edit) (no need to "save"

just type your info and close.)

- What about a Artist's Way group? Please indicate your interest:

https://docs.google.com/document/d/1I9O6l8g2u3IpDRLZ9nuvF5heQB7vpZ_JwTM6TQbCRes/edit

(no need to "save" just type your info and close) Thank you!

- Love cats? Love books? Join Regina Vitolo Mader and fellow cat fans and feline friends every month for #CatLoversBookClub! Meetings are the last Sunday of every month from 4:00 to 5:00 p.m.. Tickets are \$10 for adults and \$9 for students with a valid i.d. All ticket sales go towards supporting the kitties at Friends4Life.org. Click on the link to reserve

Paper City Magazine

Arts Hound

Houston Culture Map

WriteSpace Houston

your spot MEOW:

<https://book.peek.com/s/c8118362-728a-4ed0-89c4-1aba5d4ecfe3/9aj1--58f67ffe0579872a9a01130c?mode=standalone&fbclid=IwAR3w1efTl2mLI7eI6jL1vxvu6g2-hcijSvyOiK3Sjjxedu4m3U6MvZVLRA>

- Your shopping makes a difference. Do your regular Amazon shopping at smile.amazon.com/ch/76-0464450 and Amazon donates to Women in the Visual and Literary Arts.

MEMBER NEWS

Please send in your news by the 23rd of each month - art exhibits, literary works, news, etc. - for inclusion in the following month's newsletter to newsletter@wivla.org.

- **Judy Shamp** has good news. "I'm happy to report my submission is juried into an exhibit "Mirrors of the Mind, by the Los Angeles County Psychological Association. The piece will be at the Santa Monica Art Studios.
- Good news times two for **Sharon Worley** is having a solo exhibition Dec 10 through Jan 14, 2019 at Sean Anthony Salon, 3300 Chimney Rock Suite 100, Houston 77056. The show is curated by Suzanne Buckley of Houston Curator. Also, Sharon has published a new book: *The Legacy of Empire: Napoleon I and III and the Anglo-Italian Circle during the Risorgimento*, Cambridge Scholars Press, 2018, <https://www.cambridgescholars.com/the-legacy-of-empire>
- **Sally Worthington, Dune Tencer, and Rona Lesser** have pieces accepted in the Art Car Museum's 13th Annual Open Call show entitled *Animals*. The exhibit runs from December 8 through February 24, 2019 and should not be missed. www.artcarmuseum.com
- **Rona Lesser** announces her solo exhibit at the Evelyn Rubenstein Jewish Community Center gallery "How Great are Your Works, Oh God!" from January 4 through February 18. There will be an artist meet-and-greet reception and short talk on Wednesday January 30 at 6:30 pm. The lobby gallery is at 5601 S. Braeswood and is open during building hours. The exhibit will feature landscape and nature paintings along with Biblical and other quotes from Judaic sources that evoke the scenes in the paintings. www.ronalegger.com
- **Kay Sarver** continues to film youtube interviews with local artists. **There are at least nine videos at [Houston Art Tribe on](#)**

[YouTube](#) "I'd appreciate any feedback, and certainly wish to include any of you in this conversation about what you do as artists. After all, I do believe we creatives are a close and supportive tribe! I love talking with artists, seeing where they work, and watching them light up when they speak about their process and their work. It soothes my creative soul!" Click for youtube [link.](https://www.youtube.com/watch?v=CK-3PXooLW8&feature=share) <https://www.youtube.com/watch?v=CK-3PXooLW8&feature=share>

- **Editor's Note: We know a lot of you are showing your work and getting published, so we ask you to send the information to newsletter@WivLA.org by the 25th of each month. We want to support you and come to your openings and readings. Timely info to the newsletter gets the word to members and their friends and contacts.**

[Editor's Note: Here's an idea for a new column -- recommendations for events or exhibits one has attended or seen or experienced. Cori Austin got the column started in October 2018. If you would like to submit a short article on an event or exhibit, please email newsletter@wivla.org. Thank you!]

ANNOUNCEMENTS

~ The Fuente Collective is sponsoring writing events this month and into the spring. Find them at www.fuenteco.com

~ **ClayHouston** Please check out the website to see all of the events and activities. <https://www.clayhouston.org/> Also, the newsletter editor wants to suggest that if a WivLA artist is working with clay or other mediums, please utilize the ClayHouston newsletter to promote and send notices of your work, exhibits, awards, etc. This group is organized and sharing news and notices. See the website for the latest notices about the 2019 Texas Clay Continuum workshops and classes.

~ **The Glassell School of Art** For more information on schedule, contact glassell@mfa.org or 713.639.7500.

~ **Houston Writers Guild (HWG).** The Guild has a great website at www.houstonwritersguild.org that gives the schedule of activities and classes.

~ **Public Poetry has a great deal of information** on its website this month including [Public Poetry](#) monthly events and call for submissions and contests. Click the blue link for PP's great colorful and informative web page. <http://www.publicpoetry.net> Of special interest is the

group's open mic nights.

~ **Visual Arts Alliance** The **Visual Arts Alliance (VAA)** website is a great resource for all news and events scheduled by the organization. Click <http://visualartsalliance.org/>. Be sure and check out the upcoming Artist Conversation event and special discussion panels the VAA has organized along with their usual events such as 3rd Monday Critique Groups, etc. See the link to their informative website.

~ Have you heard that there is music at **Archway Gallery too?** The gallery has a great website: Click [here](#) to go to the website. Monthly exhibits and special events including the popular Figure Drawing Sessions, Latenight Pie, Wine and Art Dinners and great monthly exhibits. The next musical event is Sunday, January 20th.

~**Texas Accountants and Lawyers for the Arts (TALA)** has a good website at www.talarts.org and it lists the events and workshops that they sponsor. Texas Accountants and Lawyers for the Arts was formed in 1979 to meet the legal and accounting needs of artists and art nonprofit organizations across the State of Texas. TALA volunteers throughout Texas handle more than 250 matters per year. In 2016, TALA began serving inventors in the Patent Pro Bono Program.

~ **Houston Art Alliance**
site <http://houstonartsalliance.com/>

~ **Wordsmyth Theater** at www.wordsmyththeater.org is a "Houston-based playwright's theater dedicated to the development of new theatrical works from formative stages through full production." Find them at the link above.

Literary Events -- Call for Entries

Inclusion in this list does not indicate endorsement by WiVLA. We recommend you research each contest and opportunity and contact the sponsor(s).

Now through January 15, 2019, Public Poetry is accepting contest submissions on the theme of ENOUGH. (Submissions accepted on the program Submittable.) This is a national contest with a \$1,000 first prize and the opportunity to be published in an online anthology. Check out the details, the judges' biographies, and more at <http://www.publicpoetry.net> Keep on writing!

WOW! Lots of good information, call for submissions, and events are available -- Check out **Gulf Coast - A Journal of Literature and Fine Arts** very excellent **website** for news of current competitions and events. The link for **Gulf Coast** is [here](#).

(www.gulfcoastmag.org) Of special note: This is the magazine's "open reading period" -- check the website for submission details. Another theme for submissions is the *50th anniversary of the Stonewall uprising*. The website has the information!

A former WiVLA member sent a helpful list of about **20 literary opportunities**. Click [here](#) to pull up the page with the information and organizational names. Many thanks to the creator of the list!

[Inprint](#) opens its doors at 1520 West Main on the first Friday of every month from 9 am to 12 noon for a writing cafe. Any and all writers looking for a pleasant morning space in which to write are welcome. For information, click [here](#). Also, the First Friday Poetry Reading is held at the Inprint home at 8:30 pm.

"One of the Writer's Digest **101 Best Websites for Writers**" is www.winningwriters.com. Inspiring stories of writing success and competition information.

Does Kallisto Gaia Press have anything new going on? Please see this link. See www.kallistogaiapress.org for details.

3rd Coast Books is now accepting fiction and non-fiction submissions in several genres. Please go to: www.3rdcoastbooks.com to find out more about this innovative and commercial publisher.

Visual Events -- Call for Entries

Inclusion in this list does not indicate endorsement by WiVLA. We recommend you research each contest and opportunity and contact the sponsor(s).

FreshArts, of which we are members, has many opportunities for artists listed on their [website here](#). Their motto is "Where Art Meets Opportunity" -- a cousin or sibling of WiVLA's mission.

Rona Lesser shares the artsy.net site with WiVLA. It's a fascinating commercial art site and its magazine is particularly engrossing with a variety of articles such as a recent one, "This New Website Is Offering Free Art Lessons from Professors and Artists." Check it out at this [link](#). Click the Magazine button to scroll through the latest articles.

Check out the great website for **Artadia**. The group has an impressive mission statement and is sponsoring a call for entries for financial awards in the Houston area. Click website: www.artadia.org and be sure and scroll to information about Houston competition.

CaFE for Artists is the leading online application and adjudication system for managing calls for entry. The website is www.callforentry.org This is a stunning collection of news and opportunities.



If you shop at Randall's, tie your account to WiVLA (#5341). You can do this at the customer service counter once, and from then on, WiVLA will benefit every time you shop!

Amazon Smile provides your favorite nonprofit with a percentage of the purchase each time you go through Amazon Smile to get to Amazon.com. Women in the Visual and Literary Arts is listed and can be chosen as your favorite charity or nonprofit. Please see article above in newsletter with special link.

Please forward WiVLA Voices to all your friends who might be interested in WiVLA. BRING A FRIEND TO OUR NEXT MEETING!

The editor acknowledges and thanks Cori Austin for images in this issue.

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